

JANUARY 12, 2024

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY

Headmaster's Message

BY MR ROBINSON

One of the Christmas traditions in my family is that each year we all sit down together and watch a black and white movie called It's a Wonderful Life. If you have seen it then you may well be one of the many people who love this movie, if not, if you get a chance to watch it, you are in for a treat. The Frank Capra film opens on Christmas Eve as George Bailey, played by the unique James Stewart is contemplating his life. Prayers for George are heard in heaven, and Clarence Oddbody, a second-class angel is tasked with saving him. Clarence shows George what life would be like for his loved ones and neighbours had he never lived. It is an alternate version, much darker and sadder than the version of the world the film has presented to us up to this point, a world without the good that George had done. Seeing things from a different point of view helps George realize things are not so bad and that there are things to be grateful for. George's passion for life is renewed. Amongst the films many messages, one of the central ones is that we should not take our lives for granted, we should enjoy them for what they are, making the most of the opportunities that we are fortunate to be presented with. This message was one I found myself contemplating several times over the holiday period.

Continued overleaf...

This issue:

News from Design Corner

Ski Trip

Writing Competition

Boarding Life

History Corner

Epiphany Assembly

Thank yous



TRINITY SCHOOL, TEIGNMOUTH



@TRINITYSENIORSC

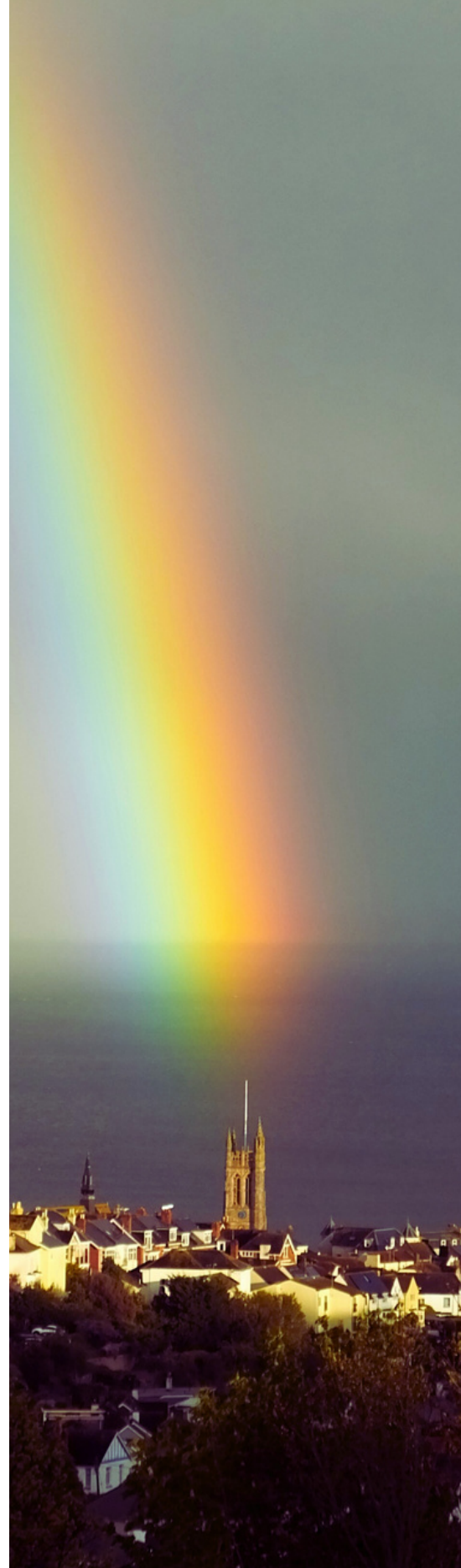
@PREPHEADTRINITY

PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION ASPIRATION VISION INTEGRITY LEADERSHIP RESPONSIBILITY

I am a fan of Radio 4 and over Christmas their flagship “Today” Programme had a number of guest editors who directed some of the programme’s output, people like Ellie Goulding and James May but also the acclaimed playwright, screen writer and writer Hanif Kureshi. Kureshi came to prominence in 1984 with his screenplay for the popular film *My Beautiful Laundrette* and another great success, *The Buddha of Suburbia* (1990), highly acclaimed then and now as a comic novel. Just over a year ago on Boxing Day 2022, Kureshi was in Rome for Christmas and decided to take a walk through the Piazza del Popolo to Villa Borghese and back to his apartment. He began to feel dizzy and fell, falling on his head. He was taken to hospital but because of the nature of his fall, he was paralysed and now cannot use his hands, arms or legs. On the Today programme Kureishi revealed much about how he felt in a series of intimate interviews, “I really want to go back as I was before, walk in the door and go about my world again as though this has been some terrible interregnum”. Then he went on to speak warmly of the care he has been given by friends and loved ones, describing the lengths those close to him go to in order to ensure he is looked after, such as those who regularly visit him with his favourite food, feed him and brush his teeth. “People really want to help other people, they really are full of love for you,” he said. Since the accident, his son Carlo has been helping him write blog updates through dictation, which will eventually be turned into a book called *Shattered*.

A guest editor of another Today Programme was Andrew Malkinson. He spent 17 years in prison for a rape he did not commit being released in December 2020. Malkinson after release continued to protest his innocence and this year in July he had his 2003 conviction quashed by the Court of Appeal after DNA evidence linking another man to the crime was identified. Mr Malkinson told the Today audience “I was angry all the time in prison but I had to park it and process it slowly, devising “coping strategies”. He said that he had learnt “a lot about my own resilience” during his time behind bars and now he is a free man he was “still getting used to what’s happened”.

Both of these Today Programme guest editors experienced the lives they were used to ripped away from them suddenly and devastatingly in different ways. Both reflected on that loss and both have had to show incredible resilience to enable themselves to carry on as different but the same people. As I listened to both, full of admiration, I could not draw parallels with my own life other than to be grateful for what I have. To be thankful for the life I have and to make the most of it, recognising the pleasure of small things, things which can be taken for granted until we do not have them or cannot access them anymore. It is difficult sometimes for us all but particularly the young to reflect on this but I urged the pupils to do so in our first assembly of the new term.



TRINITY SCHOOL, TEIGNMOUTH



@TRINITYSENIORSC

@PREPHEADTRINITY

EPIPHANY ASSEMBLY

On Tuesday, we had an assembly all about Epiphany. Epiphany occurs on 6th January, and is said to be the day when the Three Kings or Wise Men arrived in Bethlehem to give their gifts to baby Jesus. Mrs Climent explained that in Spain, this day is known as Kings' Day or the Día de Los Reyes, and is celebrated just like a second Christmas, with feasting and the giving of presents. On the night of 5 January, children put out empty shoes, not stockings, to be filled with gifts from the kings. A big thank you to sixth formers Leni, Polina and Rooney who generously agreed to dress up as Magi to hand out sweets to the pupils as part of our own celebration.

The school then sang 'We Three Kings' to our visiting guests



NEWS FROM DT CORNER

Charlie Scoot in year 8 dressed ready to defend the galaxy?! Or maybe to cast some pewter.

Year 8 are about to start a new and very exciting Design Technology project casting hot, metal pewter to make jewellery, key rings etc. Hot metal can cause first degree burns so maximum protection of clothing is needed. Charlie here would be fully sleeved and be wearing leather gauntlet gloves come the casting, to protect any bare flesh. Watch this space for how and what they create.

THANK YOU!

Thank you for everyone's generosity last term supporting the Royal British Legion by purchasing Remembrance poppies (see image below) and for contributing to the collection for St Michael's Church at our Christmas Carol Service (see image overleaf).



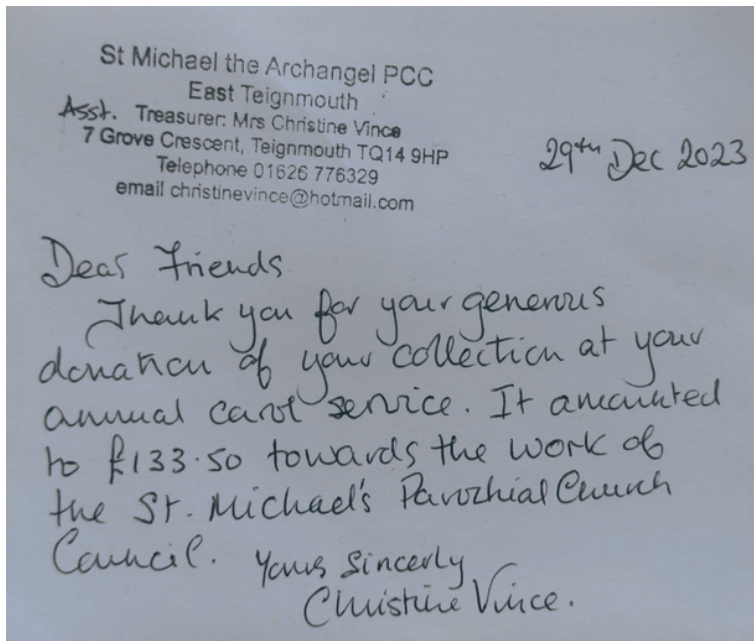
Thank you for your support

To Trinity School

Thank you for supporting the Royal British Legion
Poppy Appeal.

174.15
+ 12.32
Your collection total 186.47





"Trinity taught me how I can reach my goals, how I can handle a problem by myself or with the support from other people."

BOARDER,
AUTUMN TERM

BOARDING LIFE

Welcome to our boarders, both new and well established! Boarders are all settling in well and have already enjoyed a tour of the local area as well as a trip further afield to Cribbs Causeway Shopping Centre. As always, we are set for a jam-packed term. Weekend opportunities include dry skiing, climbing, pottery making and a Ninja Warrior course to name but a few! Smiles and excitement all round.



PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION
ASPIRATION VISION INTEGRITY LEADERSHIP RESPONSIBILITY

TEN TORS TRAINING

Ten Tors training is not just restricted to Dartmoor!
Our Ten Tors team were put through some challenging team building exercises after their Christmas break.
Students will be hoping the weather improves before they take to Dartmoor again soon!



TEN TORS
2024

10th-12th May



TRINITY SCHOOL, TEIGNMOUTH



@TRINITYSENIORSC

@PREPHEADTRINITY

CHRISTMAS SKI TRIP

A wonderful time was had by all who attended our ski trip to Italy during the Christmas holidays!



NATIONAL WRITING COMPETITION

Mrs Bird is delighted to announce that 38 of the 45 entries to the latest Young Writers competition have been selected to be published.

This is a national competition with thousands of entries and a book will be published in March called, 'The Glitch - Echoes of Change'

Students have been congratulated by Mrs Bird in their lessons and presented with their certificate, bookmark and an envelope to hand to parents if they want their work published.

The envelope contains details of how to have their work published and parents can purchase the book and details are on epraise too. The deadline is 26th January and parents need to communicate this to the company directly not through the school.

We look forward to receiving our library copy of the book and students will be invited to a book signing.

Congratulations to:

Adam Moore
Alice Lovett
Alice Perrett
Amelia Bell
Anais Mo
Ashton Foxworthy
Ben Collison
Ben Clark
Ben Tomlin
Blake Hawkins
Boe Taylor
Nyrie Ridge
Ocean Brant

George Tucker
Hugo Rawlins
Jacob Mason
Jacob Flowers
Jess Sinclair
Lola Harris
Lowenna Lewis
Maisey Down
Max Kirton
Max Sanders
Mia Martin
Noah Smith

Olive Martin
Seb Glue
Shelby Tait
Sienna Cullen
Tor Jones
Victoria Ward
William Mason
Elliot Starr
Esme Glue
Evie Collison
Ezme Firth
Felix Balfour-Paul
Freddie Young



HISTORY CORNER

This week's photo from our archives. This is the path below the White House veranda.



ON THIS DAY... 12th JANUARY

- In 1803 New Orleans was purchased from France...
- In 1895 The National Trust was founded...
- In 1906 the general election saw a Liberal Landslide...
- In 1913 Josef Dzhugashvili signed himself as Stalin "man of steel"...
- In 1939 Timely Comics was founded, later to become Marvel Comics...
- In 1966 "Batman" debuted on America's ABC...
- In 1976 Agatha Christie died, aged 85...
- In 1991 US Congress authorised war against Iraq...
- In 1995 the infamous O.J Simpson trial began in Los Angeles...
- In 2009 Cristiano Ronaldo was awarded his 1st FIFA Player of the Year for 2008...
- In 2022 PM Boris Johnson became embroiled in the 'Partygate' scandal...
- In 2023 Elvis' daughter Lisa Marie died, aged 54...



THAT FRIDAY FEELING!

There is no better way to end the week than to celebrate student's hard work and achievements. Congratulations to every student who was awarded Work of the Week or received a Commendation!



COMMENDATIONS

There is no better way to end the week than to celebrate student's hard work and achievements. Congratulations to every student who was awarded Work of the Week or received a Commendation!

Cayden Hawkins
Zach Rogers
Alice Lovett
Charlie Smith

Oscar Baker
Jake Fox
Sebastian Drake
Efe Nalcaci
Amelie Reade



NEW YEAR WELLBEING



PASSION COURAGE CONFIDENCE RESILIENCE REFLECTION ASPIRATION VISION INTEGRITY LEADERSHIP RESPONSIBILITY

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



'Likes' are a simple way for users to show that they like a post on social media. This could be anything from photos and videos to status updates and comments. The feature is widely used on several social media platforms and is extremely popular on Instagram and Facebook. It is often used by children to measure the success of their social media post and gauge opinion. However, it can also bring a number of social pressures, particularly if users start to question their own levels of popularity.



What parents need to know about **SOCIAL PRESSURES LINKED TO 'LIKES'**



DAMAGING TO SELF-ESTEEM

Your child may use likes to measure their own self-worth, with more likes instilling a greater level of confidence and acceptance amongst their friends and peers. However, children who only receive a small number may in turn feel a sense of rejection or isolation and could potentially suffer from low self-esteem issues, impacting them in other aspects of their life such as at school or in social settings.



UNREAL VIEW OF THE WORLD

Your child may follow celebrities or other popular individuals on social media who receive millions of likes. Not everything on social media is a true reflection of the world and your child may feel pressured into behaving in a similar way in real life or posting similar material in order to feel popular and achieve a similar level of self-worth.



AN ADDICTIVE FEATURE

Like features encourage children to stay online for longer. In doing so, your child is likely to engage with app's for longer periods than they otherwise would have wanted, checking their phone more frequently, including at night when they should be asleep. This could contribute towards screen addiction which can cause sleep deprivation and consequently a lack of focus during the next day at school.



COMPETITIVE CULTURE

Children will often compare the number of likes they receive for their post against their friends or followers, possibly evoking emotions of jealousy or resentment. In a bid to increase their own status and receive more likes, this could lead to a competitive culture in which children try to better one another, potentially leading to them engaging in more and riskier activities.



Safety Tips For Parents

FOLLOW OR BEFRIEND YOUR CHILD ONLINE

Using the same social media sites as your child and connecting with them online will allow you to keep an eye on what their interests are and who may be influencing them. Following their likes will help you build a picture of what your child is being exposed to and what they find interesting.



MONITOR MENTAL HEALTH

If your child does post on social media, it is important to monitor their feelings and emotions, supporting them and encouraging them to talk to you about what they may be experiencing. Explain to them that not everything online is real and that life is not dictated by how many likes a post may or may not get.



ENCOURAGE HOBBIES OR OTHER ACTIVITIES

Try to help reduce your child's screen time and need for social media through encouraging them to do other things such as a sport or hobby or simply playing with friends outdoors. Supporting them to take up other activities that they enjoy can also help build self-esteem and increase their own confidence.



DISCUSS THE REAL WORLD

Talk to your child about online perceptions and about what they feel is and isn't important in their life. Try to establish an open and honest conversation and speak about what they feel is acceptable to post online and if they feel pressure to conform.



HELP TO BUILD YOUR CHILD'S SELF-ESTEEM

Try to help build your child's self-esteem through positivity and praise and listening to them if they are struggling with the way they look or feel. Talk to them about the positive aspect of their personality and help them understand that looks aren't everything. Try not to criticise or blame your child which could compound any negative thoughts they are already feeling.

Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



<https://www.independent.co.uk/life-style/gadgets-and-tech/facebook-like-inventor-defies-app-iphone-jurist-exposes-addiction-fears-a7986166.html>,
<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2018/01/Childrens-Commissioner-for-England-Life-in-a-Like-3.pdf>, <https://www.psychologytoday.com/us/news/social-media-likes-impact-teens-brains-and-behavior.html>,
<https://ico.org.uk/media/about-the-ico/consultations/2618762/lage-appropriate-design-code-for-public-consultation.pdf>, <https://www.bbc.com/news/health-54444444>

www.nationalonlinesafety.com

Twitter - @natonlinesafety

Facebook - /NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.08.2019



TRINITY SCHOOL, TEIGNMOUTH



@TRINITYSENIORSC

@PREPHEADTRINITY